


PLEASE PHONE YOUR SENIOR CENTER
BEFORE 9:00 A. M. OR MAKE RESERVATION
THE DAY BEFORE FOR MEALS. THANK YOU.
ALL DONATIONS ARE ACCEPTED.

NOVEMBER 2023

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HMS Senior Center Will Be Closed For Thanksgiving Holiday November 23 & 24		1 Meat Loaf Scalloped Potatoes Green Beans Wheat Roll White cake/Straberries	2 BBQ Pulled Pork Sandwich Clow Slaw Slice Pickle Mandarin Oranges Milk	3 Bean Burrito(Enchilada Style) Spanish Rice Cucumber/Tomato Salad Peaches Milk
6 Chicken Biscuit Pot Pie Garden Salad Sliced Apples Milk	7 Pork Posole Cabbage/Onion Crackers Oatmeal Cookie Milk	8 Soft Chicken Taco Pinto Beans Calabasitas Lettuce/Tomato /Salsa Spiced pears/ Granola Milk	9 Chili Dog Tator Tots Cooked Carrots Sherbert Ice Cream Milk	10 Sub Sandwich Lettuce/Tomato / Fresh Jalapeno Chicken Noodle Soup Baked Chips Grapes Milk
13 Cheese Buger Baked Chips macaroni Salad Lettuce/Tomato/Onion Peanut Butter Cookie Milk	14 Chicken Tenders Scalloped Potatoes Broccoli W/ cheese Sauce Biscuit Apple Sauce Milk	15 Roast Turkey Mashed Potato W/Gravy Green Beans W/ Dice Tomato Corn Bread Stuffing Dinner Roll/Cranberry Sauce Pumpkin Pie w/Topping Milk	16 Orange Chicken Steamed Rice oriental Vegetables Fortune cookie Pineapple chunks Milk	17 Frito Pie Onion/Lettuce/Tomato Corn Apple Milk
20 Salisbury Steak Mashed pototes Mushroom gravy Mixed Vegetables Roll Cookie Milk	21 Spaghetti w/ meat Sauce Broccoli Salad Breadstick Fruit Salad Milk	22 Tuna Sandwich Baked Chips Three bean salad Hard Boiled egg Cookie Milk	23 SENIOR CENTER CLOSED	24 SENIOR CENTER CLOSED 
27 Polish Sausage Wild Rice Green Beans w/dice tomato Roll Peaches Milk	28 Red Enchaladas Pinto Beans Salad Roll Grapes Milk	29 Grilled Ham/Cheese Tomato Soup Salad Croutons Yogurt Milk	30 Chicken Bow Tie Alfredo Italian Veggies Garlic Toast Fruit Cocktail Milk	HMS Senior Centers Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990

MENUS SUBJECT TO CHANGE WITHOUT NOTICE