



# MARCH, 2024



**MILK SERVED  
DAILY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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 <p>© Can Stock Photo - csp33155660</p>			<b>HMS Senior Centers</b> Ena Mitchell 542-9414 Silver City 388-2545 Santa Clara 537-5254 Gila 535-2888 Mimbres 536-9990	<b>GRILLED CHEESE</b> Sandwich Tomato Soup Garden Salad/Dressing Apple Milk
4	5	6	7	8
<b>OVEN FRIED CHICKEN</b> Mashed Potatoes w/Gravy Spinach Dinner Roll Banana Pudding Milk	<b>TACO SALAD</b> Pinto Beans Squash w/tomato 6 Saltine Crackers Apple Milk	<b>BBQ Pulled Pork</b> Carrots & Peas Garden Salad w/dressing Roll Peaches Milk	<b>Chicken Fried Steak</b> Scalloped Potatoes Brussel Sprouts Dinner Roll Fruit Cocktail Milk	<b>Baked Fish</b> Brown Rice Pilaf Broccoli & Cauliflower Bread Stick Yogurt Milk
11	12	13	14	15
<b>SPAGHETTI &amp; MEAT</b> Steamed Broccoli Carrots Breadstick pear/ Milk	<b>CHICKEN FAJITAS</b> W/Flour Tortilla Pinto Beans, Salsa Salad Cookie/ Milk	<b>Peppered Steak</b> Steamed Brown Rice Oriental Blend Veg Roll & Peaches Milk	<b>Chicken Adovada</b> Calabasitas Garden Salad w/dressing Pineapple w/Cottage Cheese Tortilla /Milk	<b>TUNA SALAD SANDWICH</b> Sun Chips Cheese Stick/ Celery Stick Trail Mix/Fruit & nut Orange/Milk
18	19	20	21	22
<b>BBQ CHICKEN</b> Roasted Rosemary Potatoes Broccoli w/cheese Roll Banana /Milk	<b>Beef Stew</b> Steamed Cabbage Crackers Fruit Cocktail Milk	<b>Hot Dog</b> Baked Beans Mix Veggies Mac Salad Cookie/ Milk	<b>Cheese BURGER</b> Lettuce/tomato/onion/pickle Peas and Carrots/Chips Applesauce Milk	<b>Fish Sandwich</b> French Fries Green Beans w/mushroom Yogurt & Granola Bar Milk
25	26	27	28	29
<b>Salisbury Steak</b> Mashed Potatoes w/Gravy Peas & Carrots Roll Apple /Milk	<b>Grn. Cheese Enchilada</b> Lettuce & tomatoes Pinto Beans Jell-O w/fruit Milk	<b>Chicken Noodle Soup</b> Cabbage Biscuit Mandarin Oranges Milk	<b>Chicken Tenders</b> Scalloped Potatoes Normandy Blend Dinner Roll Apple sauce /Milk	<b>Chile Relleno</b> Pinto Beans Tortilla, Garden Salad Fruit Cup Milk

Please call your Senior Center before 9 am or make reservations the day before the meal. Suggested donations for seniors 60 years of age or older is \$2.50. All donations of any amount are accepted and appreciated. Menu is