

HMS Senior Centers May 2024

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	HMS Senior Centers Ena Mitchell 575-597-2403 Silver City 388-2545 Santa Clara 537-5254 Gila 575-249-0055 Mimbres 575-249-0061	1 Salisbury Steak Mashed Potatoes w/Gravy Green Beans Salad Roll Apple / Milk	2 Chicken Adovada Pinto Beans Mix Veggies Flour Tortilla Chopped Watermelon Milk	3 Spaghetti Peas Spinach Salad Bread Stick Tapioca pudding w/ Strawberries/Milk
6	7	8	9	10
Grilled Cheese Sandwich Broccoli Soup Garden Blend Veggies Crackers Pear/ Light Yogurt Vanilla Milk	Green Chile Meat Burrito Calabasitas Creamy Cucumber Salad Fruit Cocktail Milk	Chicken Alfredo Italian Vegetables Garden Salad Roll Grapes Milk	Chile Relleno w/sauce Pinto Beans Tossed Salad Flour Tortilla Orange Milk	Chicken Pasta Salad Asparagus Tropical Fruit Salad Milk
13	14	15	16	17
Sloppy Joe French Fries Cali Blend Veggies Apple Sauce Milk	Chicken w/mushroom Gravy Mashed Potatoes Broccoli Bread Banana/ Milk	Bean Burrito Smothered Spanish Rice Garden Salad Chocolate Ice Cream Milk	Mac & Cheese Chateau Blend Veggie Mandarin Oranges Light Cherry Vanilla Yogurt Milk	Open Faced Turkey Sandwich Parsley Potatoes Italian Blend Veggie Pear Milk
20	21	22	23	24
Albondigas Soup Tossed Salad Beets Crackers Fruit Salad Milk	Grilled Chicken & Cheese Sandwich Scalloped Potatoes Brussel Sprouts Grapes Milk	Taco Salad Lettuce/Tomato Salsa Calabacitas Green Beans Peaches/ Milk	BBQ Pork Sandwich Herb Roasted Potatoes Tomato & onion Salad Oatmeal Cookie Cantaloupe Milk	Red Chile Enchiladas Pinto Beans Mediterranean Blend Veg Lettuce/Tomato Orange Milk
27	28	29	30	31
Senior Centers CLOSED for Memorial Day	Polish Kielbasa Sausage Parsley Potatoes Peppers & Onions Roll Light Vanilla Cherry Yogurt/ Milk	Tuna Salad Sandwich Creamy Cucumber Salad Pasta Salad Lettuce/Tomato Mixed Fruit Milk	Orange Chicken Steamed Brown Rice Stir Fry Veggies Vegetable Egg Roll Mandarin Oranges Fortune Cookie /Milk	Chile Beans w/Cheese Garden Salad w/dressing Cornbread Applesauce Milk

Please call your Senior Center before 9am or make reservations the day before the meal. Suggested donations for seniors 60 years of age or older is \$2.50. All donations of any amount are accepted and appreciated. Menu is subject to change without notice.