

PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE
FOR MEALS. ALL DONATIONS ARE ACCEPTED. THANK
YOU.

SEPTEMBER 2024

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Center Closed Labor Day Holiday	Oven Fried Chicken Scalloped Potatoes Green Beans w/ diced Tomato Roll Orange/ Lemon Pudding Milk	Bean Burrito Smothered Chateau Blend Veggies Lettuce/Tomato Pear Milk	Beef Macaroni Vegetable Medley Tossed Salad w/Dressing Apricots Milk	Ham & Swiss Cheese Sandwich Lettuce/Tomato Slice Three Bean Salad Cucumber & Tomatoes Banana Milk
9	10	11	12	13
Herbed Pork Chop Brown Rice Pilaf Winter Blend Veggie Tossed Salad w/dressing Roll Mandarin Orange / Milk	Kielbasa Dog Baked French Fries Peppers & Onions Light Vanilla Yogurt Sliced Strawberries Milk	Ground Beef Soft Tacos Calabasitas Pinto Beans Lettuce/Tomato/Salsa Tropical Fruit Salad Milk	Turkey & Cheese Sandwich Lettuce/Tomato Slice Baby Carrots Applesauce Milk	Salisbury Steak w Mushroom Gravy Parsley Potatoes Roasted Brussel Sprouts Roll Peaches/ Milk
16	17	18	19	20
Chile Relleno Pinto Beans Capri Veggies Spanish Rice Diced Mango Milk	Chicken Fried Steak Mashed Potatoes/Gravy Spinach Roll Jell-O w/ Bananas Milk	Chef Salad w/ Ham & Chicken Boiled Egg Crackers Pear Milk	Green Chicken Enchiladas Spanish Rice Tossed Salad w/Dressing Pineapple Chunks Milk	Sloppy Joes Green Beans Baked French Fries Fruit Cocktail Milk
23	24	25	26	27
Meat & Potato Red Chile Stew Tossed Salad w/dressing Tortilla Apricots Milk	Chicken Tenders Vegetable Medley Coleslaw Roll Orange Milk	Spaghetti w/ Meat Sauce Normandy Blend Tossed Salad w/ Dressing Roll Fruit Salad Milk	Chicken Salad Sandwich Baby Carrots Broccoli Salad Grapes Milk	✓Cheese Burger Squash & Zucchini Creamy Cumber Salad Baked Chips Watermelon Milk
30				
Boneless Ribs Herbed Roasted Red Potatoes Green Beans W/Onion Tossed Salad w/dressing Roll Banana / Milk				HMS Senior Centers Silver City: 388-2545 Santa Clara : 537-5254 Ena Mitchell:575-597-2403 Gila : 575-249-0055 Mimbres: 575-249-0061

MENUS SUBJECT TO CHANGE WITHOUT NOTICE