


PLEASE CALL YOUR SENIOR CENTER BEFORE
9:00 A. M. OR MAKE RESERVATIONS THE DAY BEFORE
FOR MEALS. ALL DONATIONS ARE ACCEPTED. THANK
YOU. Suggested donation for 60 or older \$2.50

JANUARY 2025

MILK IS SERVED DAILY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HMS Senior Centers		1	2	3
1-888-745-1647 Silver City 388-2845 Santa Clara 537-5254 Gila 575-249-0055 Mimbres 575-249-0061 Ena Mitchell 575-597-2403		 CLOSED	Chicken Patty Sandwich Lettuce/Tomato Roasted Brussel Sprouts Green Beans Vanilla Pudding/Banana Milk	Baked Dill Tilapia Brown Rice Pilaf Spinach Coleslaw Roll/ Tropical Fruit Salad Milk
6	7	8	9	10
Chicken W/Mushroom Egg Noodles Broccoli & Cauliflower Roll Peaches Milk	Tater Tot Casserole Tossed Salad W/Ranch Roll Jell-O W/Fruit Cocktail Milk	Green Chile Pork Stew Cauliflower Tossed Salad W/Ranch Tortilla Cinnamon Apples Milk	Chicken Fried Steak Mashed Potatoes W/Gravy Three Bean Salad Bread Pears Milk	Red Chile Cheese Enchiladas Pinto Beans Capri Vegetables Lettuce/Tomato Light Vanilla Yogurt W/Berries Milk
13	14	15	16	17
Salisbury Steak Parsley Potatoes Squash W/Diced Tomato Banana Jell-O Milk	Ham & Cheese Sandwich Tomato Soup Carrots Lettuce/Tomato Grapes Milk	Green Chile Meat & Bean Burrito Vegetable Medley Strawberries Chocolate Chip Cookie Milk	Chicken Pot Pie Beets Tossed Salad W/Ranch Pineapple Graham Crackers Milk	Open Faced Turkey Sandwich Herb Roasted Potatoes Chateau Blend Raspberry Yogurt Apple Milk
20	21	22	23	24
Chicken Fajita Black Beans W/Peppers Carrot Raisin Salad Tortilla/ Salsa Fruit Cocktail Milk	Beef Macaroni California Blend Vegetables Tossed Salad W/Ranch Apricots Milk	Pork Stir Fry Asian Vegetables Vegetable Egg Roll Chow Mein Noodles Mandarin Oranges & Pineapple Fortune Cookie / Milk	Chicken Adovada Calabacitas Roasted Brussel Sprouts Flour Tortilla Tropical Fruit Salad Milk	Tuna Salad Sandwich Tomato & Red Onion Salad Sun Chips Orange Milk
27	28	29	30	31
Cheeseburger Green Beans Potato Salad Lettuce/Tomato/Onion Apple Milk	Chef Salad W/Chicken Hard Boiled Egg Ranch Dressing Pears Milk	Chili W/Beans Chateau Blend Vegetables Corn Bred Fruit Salad Milk	Fish & Chips Tilapia French Fries Okra Coleslaw/ Roll Grapes/ Milk	Spaghetti Italian Blend Tossed Salad W/Dressing Roll/ Tropical Fruit Salad Peaches Milk

MENUS SUBJECT TO CHANGE WITHOUT NOTICE